

Career Management

In a rapidly changing work landscape it is increasingly important to promote and reinvent yourself. This is the pathway to continuing success and satisfaction.

Many people find that it is difficult to do this on their own.

We are here to help. We work with you to develop a customized program to navigate these transitions and achieve your goals.

Through one on one coaching, utilizing our assessment and scenario thinking and other tools, we help you

- identify and clarify your values
- explore your strengths and areas where you need to grow
- repackage your skills
- rewrite your story

We also work with you on resume writing, networking, interviewing and salary negotiations.

“After leaving a six figure salary and a solid promising future, I decided to go back to school with the goal of marrying my corporate experience with knowledge of international development... Before I started coaching with Shari my confidence was at a low ebb. After just a few sessions I was able to remember why I embarked on this path. She helped me dig deep for the confidence and to re-focus on my goal of working in corporate social responsibility. And I realized how important it was to develop a new story for myself so I could project confidence and clarity.”

--Former fashion executive

Examples of career coaching clients include

- a corporate executive burned out and ready for a change
- a lawyer seeking to apply skills in new ways
- a manager looking to move up in the organization
- a senior professional looking to go into business for themselves

“In just five sessions the work we did moved me from point a to point b. The practical focus was the most important thing. I accomplished my goal of leaving my job and feeling good about it after eight years of being unhappy. I don’t know if I could have done it without Shari’s coaching.”

--Lawyer